**Muscle Chart**

Extensor & flexor digitorum

Gastrocnemius

Orbicularis oculi

Gluteus maxiums

Temporalis

Deltoid

Nasalis

Pectoralis major

Serratus

Biceps brachii

Triceps brachii

Depressor Anguli oris

Extensor & flexor carpi groups

Diaphragm

Rectus abdominis

Trapezius

Platysma

Tensor fasciae

Rectus femoris

Sartorius

Masseter

External oblique

Orbicularis oris

Zygomaticus major

Internal oblique

Tibialis anterior

Gluteus medius

Soleus

Frontalis

Peroneus longus

Sternocleidomastoid

External intercostals